



Daily Routine cards

Includes Daily Routines such as:

- Morning
- Bedtime
- Mealtime
- Playtime
- Chores



An awesome collaboration of

Lauren Tamm
The Military Wife and Mom

&

Rachel Norman
A Mother Far From Home

Copyright © 2016 by Lauren Tamm of TheMilitaryWifeandMom.com and Rachel Norman of AMotherFarFromHome.com. All rights reserved.

You are welcome to print a copy of this document for your personal use. Other than that, no part of this publication may be reproduced, stored, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, scanning, or otherwise, except as permitted under Section 107 or 108 of the 1976 United States Copyright Act, without the prior written permission of the author. Requests to the author and publisher for permission should be addressed to the following email: themilitarywifeandmom@gmail.com or amotherfarfromhome@gmail.com

Limitation of liability/disclaimer of warranty: While the publisher and author have used their best efforts in preparing this guide and workbook, they make no representations or warranties with respect to the accuracy or completeness of the contents of this document and specifically disclaim any implied warranties of merchantability or fitness for particular purpose. No warranty may be created or extended by sales representatives, promoters, or written sales materials.

The advice and strategies contained herein may not be suitable for your situation. You should consult with a professional where appropriate. Neither the publisher nor author shall be liable for any loss of profit or any other commercial damages, including but not limited to special, incidental, consequential, or other damages.

Due to the dynamic nature of the Internet, certain links and website information contained in this publication may have changed. The author and publisher make no representations to the current accuracy of the web information shared.

Design by Brittanv Mavs of [BMavs Design \(BMavs.com\)](http://BMavs.com)

YOUR MORNING ROUTINE

Wake Up



Make Bed



Take Bath



Potty



YOUR MORNING ROUTINE

Eat Breakfast



Brush Teeth



Get Dressed



Comb Hair

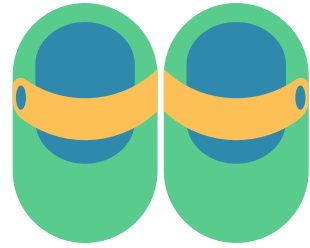


YOUR MORNING ROUTINE

Pack Bag



Put on Shoes



Brush Hair

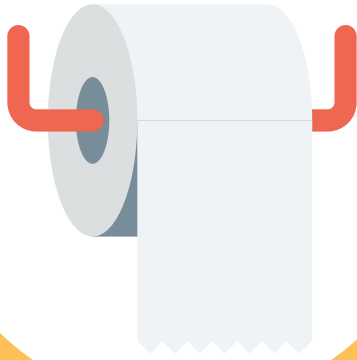


Nap Time



YOUR MORNING ROUTINE

Toilet



Shower



YOUR BEDTIME ROUTINE

Take Bath



Dry with Towel



Put on Lotion



Read Books



YOUR BEDTIME ROUTINE

Brush Teeth



Put on
Pajamas



Put Away
Toys

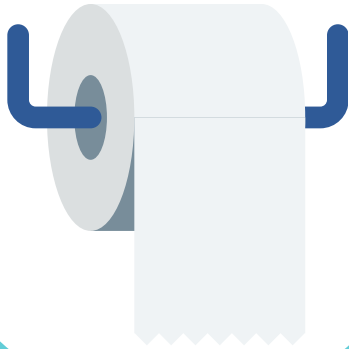


Eat Snack

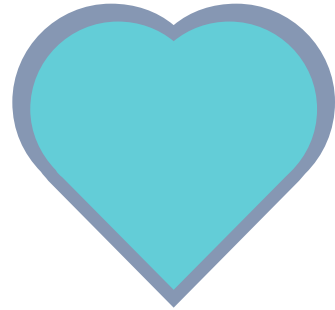


YOUR BEDTIME ROUTINE

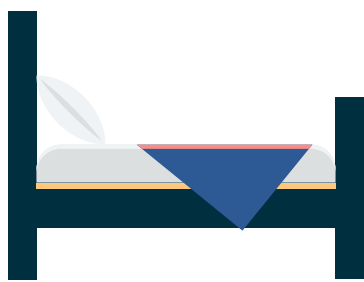
Potty



Prayers



Bedtime



Sleep



YOUR BEDTIME ROUTINE

Toilet



Brush Hair



Sing Songs



Shower

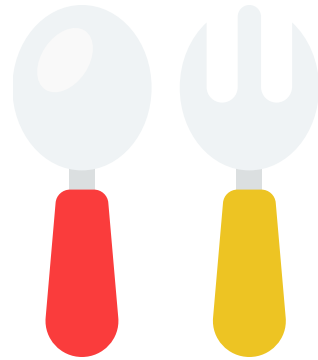


YOUR MEALTIME ROUTINE

Wash Hands



Set Table



Sit in Chair



Prayers



YOUR MEALTIME ROUTINE

Eat



Take Plate
to Sink



Wipe Hands
and Face

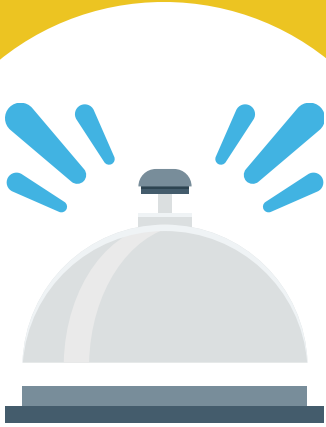


Thank the
Cook

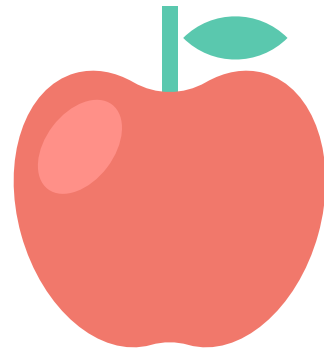


YOUR MEALTIME ROUTINE

Dinner



Lunch



Breakfast



YOUR PLAYTIME ROUTINE

Choose Toys



Turn on Music



Set the
Timer



Put Away
Toys



YOUR PLAYTIME ROUTINE

Play



Sing Songs



Read Books



YOUR CHORES ROUTINE

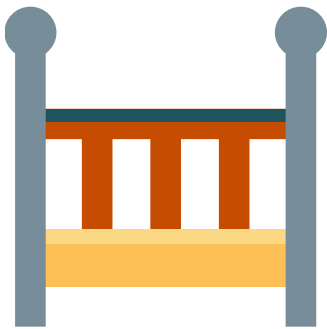
Fold Towels



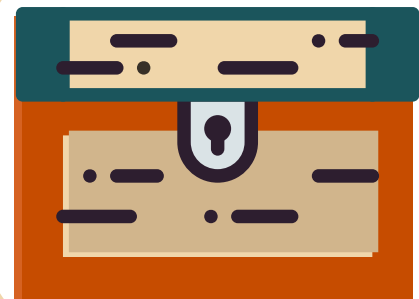
Carry Dishes
to Sink



Make Bed



Put Away
Toys



YOUR CHORES ROUTINE

Dust Room



Put Clothes
in Hamper



Feed Pets

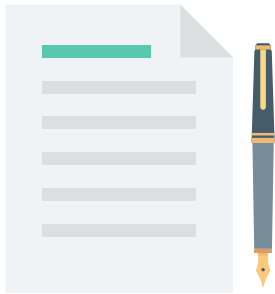


Mix or Stir

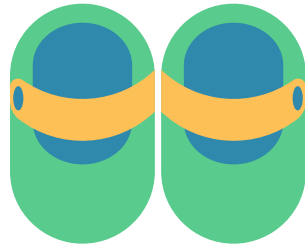


YOUR CHORES ROUTINE

Homework



Take Off Shoes



Unpack Bags

